

Service Opportunity Data Sheet

Mennonite Voluntary Service

Great Plains Office, Box 347, Newton, KS 67114; 316/283-5100
Great Lakes Office, Box 370, Elkhart, IN 46515; 574/294-7523



This form may be submitted by e-mail or through regular mail. MVS staff may edit position descriptions. Please be as thorough as possible in describing the agency, the position responsibilities and the qualifications. The descriptions are not limited to the space below, use extra pages, etc. Notice a detailed description of the agency is required and you must include an agency contact, address and telephone number.

Unit: Elkhart, Indiana

Date: September 7, 2009

Position Title: Fitness Assistant

Organization/Agency Name: Young Men's Christian Association of Elkhart (YMCA)

Agency Contact:

(Name) Christy Cyneatha Millsaps

(Address & telephone & email)

200 East Jackson

Elkhart , Indiana 46514

(574) 389-7878

cmishler@ymcaelkhart.com

1. Description of the organization and its work (include some history of the agency and the population or type of people they serve):

The YMCA of Elkhart County provides hundreds of programs that build healthy spirit, mind and body. Every program, service or activity, including Aquatics, Preschool, Health & Wellness, Sports and specialty programs, is designed to help you, your family and community grow

2. Detailed position description (include whether position is full time or half time):

This part-time position will assist clients in the Y's weight and cardiovascular rooms, specific roles include:

1. Orient members to the Y's facilities.
2. Assist members with their workout program as needed.
3. Refer to check list for cleaning that is required during the shift.
4. Monitor weight room and cardio room to ensure proper usage of the equipment.
5. Be visible and available for assistance to members.
6. Let other Y staff know when supplies need to be replenished.
7. Work with Fitness Coordinator on individual and class workout programs.

8. Any other duties as requested.

3. Qualifications:

Experience with physical fitness programs and facilities. Interest in learning and assisting others in meeting their physical fitness goals.

4. Worker's Compensation? Yes or No. TBD

5. Comments:

Approved by Local Leadership Art Stoltzfus Date September 7, 2009

Approved by MVSO: _____ Date _____